

ABOUT YOUR CBT TRAINING with Phoenix Motorcycle Training Ltd

[Click here to see a short video about your training](#)

On the day

Before hand, your instructor will brief you on all of the following. For starters, wear something suitable for riding - don't turn up in shorts and a t-shirt, even if it's a hot day. Also avoid wearing trainers or soft shoes. Jackets, helmets and gloves are provided and we also have waterproof over garments as well. Jeans are the minimum requirement for trousers. And remember it is a long day - so try getting a good night's sleep.

What the CBT involves

The course is divided into 5 main sections, which you'll be assessed on.

There is no time limit, but each one must be completed before you can move on. So just relax and take each section one at a time. It's really not that bad!

You have to spend at least 2 hours on the road with your instructor, with a de – brief at the end of the ride.

This is what you could expect in each section of the CBT:

Introduction

This is classroom based. (Yeah – boring, we know – but very necessary!). The instructor will take you through what you could expect during the course, as well as cover all the legal aspects of riding on the road.

Practical on site training

This is where you'll actually get into contact with the bike. You'll be shown the controls and you'll be taken through some of the basic checks that you need to do each time before riding, as well as shown how to start the bike.

Practical on site riding

This is where the real fun begins! You'll move onto an off road area to start riding.

Starting off with learning how to use the clutch to take off, followed by some exciting things like emergency stops and turns.

Practical on road training

Now, it's back to the classroom for a well-deserved break from riding.

You'll get a pre–road ride briefing, covering the Highway Code, how to stay visible, speed control, road signs and how to ride defensively.

Practical on road riding

This is what you have been waiting for. You'll be taken out on the road for a ride. Your instructor will start you off on quieter roads and then move you onto faster, busier roads. This takes a minimum of 2 hours and will only be undertaken if your instructor feels you are safe to do this.

Once your instructor feels confident that you are safe and competent to ride on your own, you will be issued with the DL196 (CBT) Certificate. H

Here are a few useful things you need to know about the CBT Certificate:

It is valid for 2 years and It entitles you to ride on the road unaccompanied while displaying L Plates
Your CBT certificate does not allow you to carry pillion passengers or ride on motorways.
Your CBT certificate will indicate if you took your CBT on a manual or automatic bike, so please ensure the correct bike is chosen for your training as you may need to come back to convert from an automatic to a manual conversation course at a later date if you change the type of bike you are riding. (additional costs apply)

You will need to re-take the CBT if you do not pass both the theory and practical tests before the CBT Certificate expires.

A full car licence gives you provisional motorcycle. Please note: When reporting for your CBT you must bring your photocard licence. If you wear vision aids such as eye glasses you must bring these as you will be required to read a number plate at a distance of 20.5 metres. If you fail to bring your correct licence or fail the eyesight test you will be unable to complete your CBT and will forfeit your fee! If you have a European licence then you will need to apply and receive back from the DVLA, a Form D91 counterpart.

Your safety is of paramount concern to us. If, at the end of Element C of the CBT, our instructor judges that you have not yet reached the required level of control to ride safely on the road, then they will advise you that you need to have further off-road training before undertaking the road ride. We will not, under any circumstances, jeopardise your safety, or endanger other road users, by allowing you to ride on the road if we are not confident that you will manage to ride without risk to yourself and others. It can be a challenge to reach the requisite standard in just one session. If you are not considered ready for the road ride, then you will need to return for further training prior to riding on the road. This further training, including the road ride, will attract a charge reduced charge depending on what level you have reached. We will endeavour to complete your CBT in one day, as asking you to return means we will have to remove a full paying CBT customer in order for you to complete yours. On your second day, you will arrive later than normal and you will not need to repeat Elements A, B & D. Dates and times will be organised through the Phoenix office, and will be scheduled as closely as possible to your original CBT date.

Enjoy biking!

Phoenix Motorcycle Training – *Wherever you are going, your riding starts here!*